



As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week, Bob Soeder and Mary Hrich offer this weekly dose of inspiration:

"The question isn't who is going to let me; it's who is going to stop me."

Ayn Rand

(from her novel, The Fountainhead)

"Life is not easy for any of us. But what of that? We must have perseverance and above all confidence in ourselves. We must believe that we are gifted for something, and that this thing must be attained."

- Marie Curie